



## School Food & Nutrition Services

### **Helpful information about the School Meals Program:**

- The District participates in the National School Lunch and School Breakfast Programs allowing families the opportunity to apply for free and reduced price meal benefits. Applications must be completed each school year and are available from the School Food & Nutrition Office, School Offices or on the District's website. New for the 2019-20 school year, families will be able to complete the 2019-20 meal application online. Visit the District's website, [mehlilleschooldistrict.com](http://mehlilleschooldistrict.com) to apply.
- The Department of School Food and Nutrition Services is dedicated to offering students [healthy, well-balanced meals](#). A breakfast meal contains a minimum of two food groups and a maximum of four. Students must select a fruit or vegetable. A lunch meal contains a minimum of three food groups and a maximum of five. Students must select a fruit or vegetable.
- The District uses a computerized accounting system in the cafeterias. Our system assigns a code to each student that should be kept confidential when they register at a school. This code stays with the student each year while in a Mehlville school. After going through the meal line, students enter their code on a key pad which pulls up their meal account.
- Funds can be deposited into meal accounts online or by sending cash/check to school with students. MySchoolBucks is the District's online student meal account management system. MySchoolBucks provides a quick and easy way to add money to your student's meal account using a credit/debit card or electronic check. You can also view recent purchases, check balances, and set-up low balance alerts for FREE! Visit [www.MySchoolBucks.com](http://www.MySchoolBucks.com) to register for a free account. You will add your student using their school name and birth date. Funds can also be sent to school. Place cash or a check made out to the Mehlville School District to school in a sealed envelope with your student's name and "meal account funds" on the front.
- Several schools offer a la carte items not included with the meal. Bottled water, cookies, chips, extra milk/juice, extra entrees are an additional cost. To purchase a la carte items, students must have adequate funds in their account.
- Student meal accounts can be blocked from making purchases (meals and/or a la carte). A daily spending limit can also be placed on an account. To place restrictions on a student's meal account, contact the school's café manager or the School Food & Nutrition Office at (314) 467-5250.