



Permission for Student to Self-Administer Medication
by Metered-Dose Inhaler for the School Year _____

Student's Full Name: _____ Date of Birth: _____ Grade: _____
Parent/Guardian Name and Phone Number(s): _____
Emergency Contact Name and Phone Number(s): _____

TO BE COMPLETED BY PHYSICIAN/LICENSED PRESCRIBER:

Physician/Licensed Prescriber Name: _____ Phone Number: _____
Physician Signature: _____ Date: _____ Fax Number: _____
Diagnosis: _____ Medication Name: _____ Dose: _____
Medication is administered daily? Yes No If yes, what time: _____ Medication is administered as needed? Yes No
If yes, for: Before Exercise Chest Tightness Cough Shortness of Breath Wheezing Other: _____
How soon can medication be repeated? _____ The medication cannot be repeated more than _____.

_____ (student) has been instructed in the proper way to use his/her inhaled asthma medication and not to share medication with others. It is my professional opinion that he/she should be allowed to self-carry and use this inhaled medication as prescribed if needed to alleviate symptoms or prior to exercise.

TO BE COMPLETED BY PARENT/LEGAL GUARDIAN:

I hereby certify the following:

- I am the parent or legal guardian of _____ ("Student"), a student in the Mehlville School District ("District"), and am legally authorized to make educational and health care decisions for the Student.
- I hereby give my permission for the Student to retain in his/her possession a metered-dose inhaler, and to self-administer medication from such inhaler. This permission shall be effective during the school day; on school property, including but not limited to a school bus; and at all school activities, whether on or off school property or occurring during the regular school day.
- I have provided the District with a written medical history of the Student's experience with asthma or other potentially life-threatening respiratory illness ("Condition") and a plan of action for addressing any emergency situations that could reasonably be anticipated as a consequence of administering the medication and having the Condition.
- I have provided the District with written certification from the Student's physician, stating that the Student (a) has the aforementioned Condition and (b) is capable of, and has been instructed in, the proper method of self-administration of medication and informed of the dangers of permitting other persons to use the medicine prescribed for the Student.
- I understand that the District and its employees or agents may disclose information provided in accordance with the foregoing paragraphs to administrators, school nurses, teachers, and other school employees as may be necessary to protect the health of the Student and to establish that the Student has been authorized to self-administer medication by means of a metered-dose inhaler, and shall incur no liability for the disclosure of such information.
- I understand that the District and its employees or agents shall incur no liability as a result of any injury arising from the self-administration of medication by the Student, and that I shall be required to indemnify and hold harmless the District and its employees or agents against any claims arising out of the self-administration of medication by the Student.
- I understand that this permission form is effective for the school year for which it is granted, and that a new Permission Form and supporting documentation as described above, must be submitted for each school year.
- I agree to supervise that my child carries his/her rescue inhaler, that the device contains medication, that the date on the device is current, and that the device is labeled with the student's name and prescription label.
- It has been recommended to me that a back-up rescue inhaler be provided to the Health Office for emergencies.
- I have been advised to provide a complete Asthma Action Plan from our physician.
- I will review the status of my student's asthma with my student on a regular basis.
- My student will regularly carry his/her inhaler carry inhaler to the track and/or on field trips carry to transport inhaler to/from school.

Parent/Guardian Signature: _____ Date: _____

Approved by School Nurse Yes No Nurse Signature: _____ Date: _____