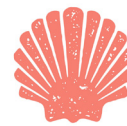




High School Menu MARCH 2024



March is National Nutrition Month

BEYOND the TABLE

visit eatright.org for more info.

Meal Prices:

Breakfast: \$2.00

Lunch: \$3.00

Premium

Meal: \$3.25

Bottled Water:

\$1.00

Milk: \$.75

Juice: \$.65

Additional Entree
\$2.50

Side item: \$.75

What is a complete meal

Breakfast includes:
3 food items,
1 must be a fruit

Lunch includes:
3 food components,
1 must be a fruit or
vegetable

Milk Options:

1% White
Skim White
1% Chocolate

Pork Product

*All bread products
are Whole Grain

***All deli
meat & hot
dog varieties
are turkey
products.**

<h2>Celebrate National School Breakfast Week</h2> <p>March 4-8</p>					1 Mini Pancakes
					Golden Fish on Bun Warm Green Beans Mixed-up Fruit Milk of Choice
4 Ultra Bread	5 Goody Ring	6 *New Entree* Pancake Bites	7 Bagelicious	8 Warm Muffin	
GOLDEN Corn Berries in a Cloud Milk of Choice	Pizza Rippers Warm Green Beans CINNAMON Pears Milk of Choice	BBQ Chicken Meatballs Mac & Cheese X-RAY VISION Carrots Sweet Strawberries Milk of Choice	Spaghetti with Meatsauce Garlic Knot Steamed Broccoli Chilled Applesauce Milk of Choice	Cheese Calzone with Marinara Baked Beans Mixed Berry Cup Milk of Choice	
11 Mini Cinni	12 Breakfast Bun	13 *New Entree* Mini Caramel	14 Mini French Toast	15 Mega Cereal Bar	
Broccoli with Cheese Warm Apples Milk of Choice	Max Snaxs Sweet Potato Fries Fruit Sidekick Milk of Choice	Chicken Queso Nachos ROCKIN Refried Beans Pineapple Tidbits Milk of Choice	Orange Chicken Steamed Rice Warm Green Beans Perfect Peaches Milk of Choice	Three Cheese Cavatappi POWER PACKED Peas Chilled Pears Milk of Choice	
<h2>Spring Break March 18-22</h2> <h3>Relax & Enjoy</h3>					
25 Frosted Poptart	26 Glazed Blueberry Donut Holes	27 Breakfast Cluster	28 Maple Waffle	29 Breakfast Pastry	
Warm Green Beans Mixed-up Fruit Milk of Choice	Taco Pizza ROCKIN Refried Beans Sweet Applesauce Milk of Choice	HALF DAY Biscuits & Gravy Sausage Links Crispy Hashbrowns Fresh Sliced Apples Milk of Choice	Chicken Alfredo Garlic Texas Toast Steamed Broccoli Mandarin Oranges Milk of Choice	Cheese Pizzaboli X-RAY VISION Carrots 100% Fruit Gels Milk of Choice	



2024 NATIONAL NUTRITION MONTH
A CAMPAIGN BY
THE ACADEMY OF NUTRITION AND DIETETICS

Daily Breakfast Side Options:

*Fresh Fruit,
Dry or Frozen
Fruits

*4 oz 100% Juice
*Milk of Choice

**Several
Additional
Lunch Entrees
available:**
varies by school

Daily Lunch Side Options:

*Fresh Fruit

*Assorted Canned/
Frozen Fruits

*4 oz 100% Juice

*Additional

Vegetable

Selection

*Assorted

Pudding

Menu subject to change
"This institution is an equal opportunity provider"