

## General Course Information

<b>Course Name: Physical Development - Preschool and Pre-Kindergarten</b>	
Department: Health	Grade Levels: Preschool and Pre-Kindergarten
BOE Approval Date: <ul style="list-style-type: none"><li>• Name change approved on 7-16-20</li><li>• Course Description, Rationale, Objectives approved on 6-8-17</li></ul>	
<b>Course Description:</b>	
The Mehlville Early Childhood Physical Development and Health Curriculum will address gross motor skills, fine motor skills, and personal health and safety. The student will engage in movement activities that demonstrate balance, control, and coordination as well as fine motor activities using strength and control, and eye-hand coordination. The student will also understand and manage their personal health and safety.	
<b>Course Rationale:</b>	
The Mehlville Early Childhood Physical Development and Health Curriculum is designed to meet the needs of student basic health and safety knowledge while improving their skills in fine and gross motor activities.	
<b>Course Objectives:</b>	
<ol style="list-style-type: none"><li>1. The student will use gross motor skills with purpose and coordination, use fine motor skills with purpose and control, and respond to sensory input to function in the environment.</li><li>2. The student will practice healthy behaviors by showing independence in personal hygiene, participating in daily physical activity, and by exhibiting body strength.</li><li>3. The student will practice safe behaviors by listening to and following directions during emergencies, following vehicle and street safety, recognizing personal danger, and knowing when and how to seek help.</li></ol>	
<b>Standards Alignment:</b>	
Missouri Early Learning Standards	